



South Carolina Department of Labor, Licensing and Regulation  
**South Carolina Board of Examiners for Licensure of  
 Professional Counselors, Marriage and Family  
 Therapists, Addiction Counselors  
 and Psycho-Educational Specialists**

110 Centerview Dr. • Columbia • SC • 29210  
 P.O. Box 11329 • Columbia • SC 29211-1329

Phone: 803-896-4658 • Contact.Counselor@llr.sc.gov • Fax: 803-896-4719  
 llr.sc.gov/cou

### MFT COURSEWORK REQUIREMENTS VERIFICATION FORM

**This form is for applicants who did not attend a COAMFTE or CACREP accredited program.**

Required Graduate-Level Coursework:

Graduate transcript(s) must demonstrate successful completion of the following graduate coursework (each course must be three semester hours or 4.5 quarter hours. Only one course may be used to fulfill one requirement.).

Include with your application or have sent directly to the Board your official sealed transcript from all graduate institutions you attended. The coursework description must be copied from the catalogue for the year in which the courses were taken.

Indicate next to each core requirements the course title, number credit hours and the institution where it was taken. If a course is determined to not fit a particular category, your transcript will be reviewed for other course possibilities.

Coursework Categories	Course Title	Course No.	Credit Hours	Institution Where Course Was Taken
Foundations of relational/systematic practice, theories and models				
Clinical Treatment with individuals, couples & families				
Diverse, multicultural and/or underserved communities				
Research and Evaluation				
Professional identity, law, ethics and social responsibility				
Biopsychosocial health and development across the life span				
Systemic relational assessment and psychopathology, diagnosis and treatment				

## DEFINITION OF CATEGORIES FOR REQUIRED COURSEWORK

### **Foundations of relational/systematic practice, theories and models** (minimum of 6 graduate semester hours):

This area facilitates students developing competencies in the foundations and critical epistemological issues of Marriage and Family Therapists. It includes the historical development of the relational/systemic perspective and contemporary conceptual foundations of Marriage and Family Therapists, and early and contemporary models of the Marriage and Family Therapist, including evidence-based practice and the biopsychosocial perspective.

### **Clinical treatment with individuals, couples and families** (minimum of 6 graduate semester hours):

This area facilitates students developing competencies in treatment approaches specifically designed for use with a wide range of diverse individuals, couples, and families, including sex therapy, same-sex couples, working with young children, adolescents and elderly, interfaith couples, and includes a focus on evidence-based practice. Coursework must include crisis intervention.

### **Diverse, multicultural and/or underserved communities** (minimum 3 graduate semester hours):

This area facilitates students developing competencies in understanding and applying knowledge of diversity, power, privilege, and oppression as these relate to race, age, gender, ethnicity, sexual orientation, gender identity, socioeconomic status, disability, health status, religious, spiritual and/or beliefs, nation of origin or other relevant social categories throughout the curriculum. It includes practice with diverse, international, multicultural, marginalized, and/or underserved communities, including developing competencies in working with sexual and gender minorities and their families as well as anti-racist practices.

### **Research and Evaluation** (minimum 3 graduate semester hours):

This area facilitates students developing competencies in Marriage and Family Therapy research and evaluation methods, and in evidence-based practice, including becoming an informed consumer of couple, marriage, and family therapy research. If the program's mission, goals and outcomes include preparing students for doctoral degree programs, the program must include an increased emphasis on research.

### **Professional identity, law, ethics and social responsibility** (minimum 3 graduate semester hours):

This area addresses the development of a Marriage and Family Therapy identity and socialization, and facilitates students developing competencies in ethics and Marriage and Family Therapy practice, including understanding and applying the AAMFT Code of Ethics and understanding legal responsibilities.

### **Biopsychosocial health and development across the life span** (minimum 3 graduate semester hours):

This area addresses individual and family development, human sexuality, and biopsychosocial health across the lifespan.

### **Systemic relational assessment and psychopathology, diagnosis and treatment** (minimum 3 graduate semester hours):

This area facilitates students developing competencies in traditional psychodiagnostic categories, psychopharmacology, the assessment, diagnosis, and treatment of major mental health issues as well as a wide variety of common presenting problems including addiction, suicide, trauma, abuse, intra-familial violence, and therapy for individuals, couples, and families managing acute chronic medical conditions, utilizing a relational/systemic philosophy.



South Carolina Department of Labor, Licensing and Regulation  
**South Carolina Board of Examiners for Licensure of  
 Professional Counselors, Marriage and Family  
 Therapists, Addiction Counselors  
 and Psycho-Educational Specialists**

110 Centerview Dr. • Columbia • SC • 29210  
 P.O. Box 11329 • Columbia • SC 29211-1329

Phone: 803-896-4658 • Contact.Counselor@llr.sc.gov • Fax: 803-896-4719  
 llr.sc.gov/cou

**LMFTA CLINICAL CONTACT HOURS/CLINICAL SUPERVISION REVIEW**

**This form is for applicants who did not attend a COAMFTE accredited program or a CACREP accredited marriage, couple and family counseling specialty program.**

An applicant must demonstrate the following:

- A minimum of three hundred (300) clinical contact hours with individuals, couples, families, and other systems physically present, of which at least one hundred (100) hours must be relational. The hours must occur over a minimum of twelve (12) months of clinical practice.
- A minimum of one hundred (100) hours of MFT relational/systemic clinical supervision must be provided by a program clinical supervisor on a regular and consistent basis while seeing clients. The relational/systemic supervision can be individual or group (with one and instructor and eight or fewer students). A minimum of Fifty (50) hours of this supervision must utilize observable data.

Name of Applicant: \_\_\_\_\_

**CLINICAL CONTACT HOURS**

**Institution/Place of Employment:** \_\_\_\_\_

Address: \_\_\_\_\_

Director of Program: \_\_\_\_\_ Program Clinical Supervisor: \_\_\_\_\_

From: (MM/YY) \_\_\_\_\_ To: (MM/YY) \_\_\_\_\_ Total # of Clinical Contact Hours: \_\_\_\_\_

**Institution/Place of Employment:** \_\_\_\_\_

Address: \_\_\_\_\_

Director of Program: \_\_\_\_\_ Program Clinical Supervisor: \_\_\_\_\_

From: (MM/YY) \_\_\_\_\_ To: (MM/YY) \_\_\_\_\_ Total # of Clinical Contact Hours: \_\_\_\_\_

**Institution/Place of Employment:** \_\_\_\_\_

Address: \_\_\_\_\_

Director of Program: \_\_\_\_\_ Program Clinical Supervisor: \_\_\_\_\_

From: (MM/YY) \_\_\_\_\_ To: (MM/YY) \_\_\_\_\_ Total # of Clinical Contact Hours: \_\_\_\_\_

**Total number of hours relational counseling experience:** \_\_\_\_\_

1. Did you receive MFT relational/systemic clinical supervision provided by a program clinical supervisor on a regular and consistent basis while seeing clients? YES NO

2. Did you receive at least 50 hours of MFT relational/systemic supervision utilizing observable data? YES NO

Total number of hours of individual MFT relational/systemic supervision provided by a program clinical supervisor: \_\_\_\_\_

Total number of hours of group MFT relational/systemic supervision (with one supervisor and no more than eight students) provided by a program clinical supervisor: \_\_\_\_\_