



## DEPARTMENT OF LABOR, LICENSING and REGULATION

### MESSAGE AND BODYWORK PANEL

NEWSLETTER

MAY 2020

### **A Message from Massage and Bodywork Panel Chair Jan Shaw**

I hope everyone is doing well.

Please take time to review the Massage/Bodywork Panel webpage at <https://llr.sc.gov/mas/>. Panel members and LLR have worked very hard to keep the most updated COVID-19 guidance and other information available on this site for our licensees.

Effective May 18, 2020, SC Governor Henry McMaster allowed **close-contact service providers** to reopen in a limited capacity. With this good news comes your professional responsibility to minimize the spread of COVID-19. You are responsible for implementing best practices to keep yourself and your clients safe and healthy in your place of business and during massage therapy sessions.

As you should be aware, there are guidelines and recommendations from Governor McMaster's office, the CDC, WHO, SCDHEC, OSHA and state and local health agencies. These include instructions for hand washing, face coverings, and social distancing. Please review the links provided below for safe return to work and re-opening guidelines and recommendations which include close-contact businesses.

#### **Decision to Re-Open**

If you are uncertain whether you can safely return to work and provide a safe environment for your co-workers and/or clients, refer to the CDC re-opening decision [tree](#).

#### **Governor's Service Industry Guidelines**

The Governor's accelerateSC Covid-19 advisory team "Service Industry Employers Re-Opening Guidelines" can be found [here](#).

#### **FSMTB Guidelines for Practice**

The Federation of State Massage Therapy Boards (FSMTB) has published Massage & Bodywork Guidelines for Practice with COVID-19 Considerations. This document can be accessed at <https://www.fsmtb.org/>.

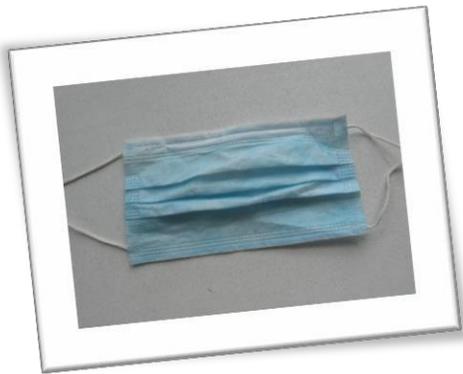
## Governor's Guidelines for Cosmetology Establishments

A link for guidelines specific to cosmetology establishments can be found [here](#).

## How to Improve Indoor Air Quality

For suggestions on how to improve indoor air quality, scroll down to "[Maintain a Healthy Work Environment](#)."

## How to Wear, Make, and Care for a Face Mask



Click [here](#) for details on how to properly wear a face mask, make a homemade face mask, and care for a face mask.

## Printable COVID-19 Business Signs

To find free, printable signs that can be posted at your business to address hand washing, symptoms of illness, and encourage social distancing, scroll through all three pages of the [CDC publication](#).

As a result of the ever changing status of the COVID-19 pandemic, Panel members have been in continuous contact with LLR, and other professional organizations including, AMTA National, SCAMTA and FSMTB. Further, Panel members have monitored the Governor's Executive Orders, [accelerate.sc.gov](#) and decisions regarding best practices and re-opening guidelines in many states.

I wish you a safe and healthy return to work.

Jan Shaw, M.S., L.M.T.SC  
Massage/Bodywork Panel Chair  
MAS 1935R