

ORTHOPAEDICS AND SPORTS MEDICINE SCOPE OF PRACTICE GUIDELINES

Skin and Appendages: (May identify, initiate work-up, and initiate care on referral)

Cauterize/ excise / biopsy lesions - obtain second opinion of suspicious lesions

Common dermatoses

Nail disorders and release of subungual hematoma

Eye (May identify, initiate work-up, and initiate care on referral)

Symptoms of ocular disease

Disorders of the lids and lacrimal apparatus

Conjunctivitis

Ocular trauma

Foreign body removal by irrigation

Ear, Nose and Throat: (May identify, initiate work-up, and initiate care on referral)

Diseases of the ear

Diseases of the nose and sinuses

Diseases of the oral cavity and pharynx

Diseases presenting as neck masses

Lung: (May identify, initiate work-up, and initiate care on referral)

Ordering of pulmonary function tests

Disorders of the airways

*Any patient presenting in acute respiratory distress or suspected pulmonary emboli is to be evaluated by a physician.

Heart: (May identify, initiate work-up, and initiate care on referral)

Valvular heart disease

Coronary heart disease

Disturbances of rate and rhythm

Conduction disturbances

Cardiac failure

Hypertension

*Chest pain suspicious of cardiac disease is to be evaluated by M.D

Blood: (May identify, initiate work-up, and initiate care on referral)

Peri-operative anemia

Hyper-coagulable or hypo-coagulable states

*Peri-operative patients requiring transfusions shall be discussed by M.D.

Alimentary Tract: (May identify, initiate work-up, and initiate care on referral)

Symptoms and signs of gastrointestinal disease

Diseases of the esophagus

Diseases of the stomach and duodenum

Diseases of the small intestine

Diseases of the colon and rectum

Anorectal diseases

Liver, Biliary Tract, and Pancreas (May identify, initiate work-up, and initiate care on referral)

Diseases of the Liver

Diseases of the Biliary Tract

Diseases of the Pancreas

Gynecology (May identify, initiate work-up, and initiate care on referral - gynecological exam not part of clinical skills)

Premenstrual Syndrome (Premenstrual Tension)

Dysmenorrhea

Contraception (as it relates to amenorrhea in athletic population)

Menopausal Syndrome

Allergic and Immunologic Disorders (May identify, initiate work-up, and initiate care on referral)

Allergic diseases

Arthritis and Musculoskeletal Disorders

All musculoskeletal disorders within the scope of practice of the supervising physicians:

including, but not limited to: acute and chronic injuries, repetitive stress injuries, sprains, strains, fractures, dislocations, infections, and benign or malignant lesions.

Degenerative and Crystal-Induced Arthritis

Pain Syndromes

Soft tissue injuries

Other Rheumatic Disorders

Sports related injuries

Fluid and Electrolyte Disorders (May identify, initiate work-up, and initiate care on referral)

Diagnosis of fluid and electrolyte disorders in the peri-operative patient

Treatment of specific fluid, electrolyte and acid-base disorders in the peri-operative patient

Fluid management in the peri-operative or athletic patient

Urology (May identify, initiate work-up, and initiate care on referral)

Evaluation of hematuria in the orthopaedic trauma patient

Uncomplicated genitourinary tract infections in the peri-operative patient

Urinary stone disease (in patients with metabolic bone disease)

Urinary incontinence in the peri-operative patient

Male erectile dysfunction and sexual dysfunction in the chronic pain patient

Benign prostatic hyperplasia in the peri-operative patient

Malignant genitourinary tract disorders in the peri-operative patient

Acute or chronic renal disease in the peri-operative patient

Nervous System (May identify, initiate work-up, and initiate care on referral)

Headache

Weakness and paralysis

Transient Ischemic Attacks- Obtain consultation with SUPERVISING PHYSICIAN

Stroke- Obtain consultation with SUPERVISING PHYSICIAN

Movement disorders

Dementia

Multiple Sclerosis

Stupor and coma

Head injury- Obtain consultation with SUPERVISING PHYSICIAN if intracranial pathology suspected

Spinal trauma- Obtain consultation with SUPERVISING PHYSICIAN

Peripheral neuropathies

Psychiatric Disorders (May identify, initiate work-up, and initiate care on referral)

Psychiatric assessment

Common psychiatric disorders

Substance use disorders

Endocrinology (May identify, initiate work-up, and initiate care on referral)

Common presentations in endocrinology

Diseases of the thyroid gland as it relates to the patient with neuropathy and metabolic bone disease

Metabolic bone disease

Diabetes mellitus and Hypoglycemia (May identify, initiate work-up, and initiate care on referral)

Diabetes mellitus

Hypoglycemic states

Lipid abnormalities

Lipid fractions and the risk of coronary heart disease

Therapeutic effects of lowering cholesterol for heart disease and bone mineral density

General Problems in Infectious Diseases (May identify, initiate work-up, and initiate care on referral)

Fever of unknown origin (FUO)

Animal and human bite wounds

Sexually transmitted diseases

Joint disorders as they relate to infectious diseases

Disorders Due to Physical Agents (May identify, initiate work-up, and initiate care on referral)

Disorders due to cold

Disorders due to heat

Burns

Electric shock

Drowning

Other disorders due to physical agents

Poisoning (May identify, initiate work-up, and initiate care on referral)

General Approach to the Patient; Health Maintenance and Disease Prevention. (May identify, initiate work-up, and initiate care on referral)

Health maintenance and disease prevention

Substance abuse

Common symptoms

Pain

Fever and hypothermia

Weight loss

Fatigue

Geriatric Medicine (May identify, initiate work-up, and initiate care on referral)

General principles of geriatric medicine

Evaluation of the elderly

Nursing home rounds for orthopaedic patients

Cancer: Upon diagnosis- all cancer patients are to be discussed with SUPERVISING PHYSICIAN and appropriate referral made. (May identify, initiate work-up, and initiate care on referral)

Incidence and etiology

Prevention of cancer

Peri-operative Evaluation

CLINICAL SKILLS SPECIFIC TO PHYSICIAN ASSISTANTS IN ORTHOPAEDIC SURGERY AND SPORTSMEDICINE

Joint or tenosynovial corticosteroid injection

Orthosis application

K-wire removal

Nail and callus care

Management of non-displaced, stable fractures

External fixator removal

Compartment pressure measurements